Carmel College

REVISION CHART

RESULTS DAY
THURSDAY 23 AUGUST 2018

START

Target Key Areas
Subjects
Areas for Improvement
Deadlines
Places to Study

Subject	Areas for Improvement	Deadlines	Good areas/times to study

2 - 3 MONTHS BEFORE

Revision timetable
Discuss with parents / tutors.
Give extra time to subjects which are difficult.
Cover a variety of subjects each day
Past papers are crucial
Reward yourself for keeping on target

IN THE EXAM

Before starting re-read instructions and check which questions to answer

Divide your time between questions according to the number of marks. Keep checking the clock. You must answer all questions, you will lose a lot of marks if not.

Read questions twice, underline key words. Make sure you answer what is set rather than what you wish had been set.

Plan for essays, jot down a brief plan and use key words. A plan helps you answer the question, gives you confidence and helps you think. Answer your best question first. Keep an eye on the time.

Check Finished? Check all your answers. Make corrections and additions clearly.

No time Running out of time? Answer in note form.

EXAM DAY

Set the ALARM – allow extra time so you are not rushing. Double check time and place and be there in good time.
STAY CALM

BELIEVE and you will SUCCEED

Courage does not always roar. Sometimes, it is the quiet voice at the end of the day saying, "I will try again tomorrow"

Be Active

You have

- Attended lessons
- Taken notes and collected hand-outs
- Completed homework and assignments

Gathering piles of paper and downloading material form the internet isn't the same as learning.

You need to read and understand.
Active revision stops you getting bored.
Highlight key points. User colour coding.
Team up with a friend to revise and test each other.
Revision Cards – Condense notes into key headings on cards. Use colour and diagrams to engage your visual memory. Pin up the cards in your bedroom or carry them on you. Just before the exam pin up revision cards around the house and involve your family. Try explaining something to them or ask them to test you.
Make a poster to cover key areas.

Helpful Revision Web Sites
BBC BiteSize
S-Cool
MyMaths

Revision guides - available from the College Library.
Break topics down - Study past papers
Go back through your books, read teacher's comments on your work. It's easy just to look at the grade or mark and ignore the formative feedback.

How?

Regular Breaks – every 30 minutes. Fresh air and drinking water regularly will clear your mind and help concentration.

Bite size – break difficult topics into small, manageable areas. Tackle them one at a time. Log what you have done to measure your progress

Experiment – work out the best times for you to revise.

Where?

Find places where you can concentrate. Try the library or a quiet study/breakout area. Don't let your friends interrupt you. Music might help you revise by shutting out distractions.

When?

Not at the last minute. Don't fool yourself that you can cram two years' work into a few days' revision. Little revision regularly is best

Check notes after you make them to see that they make sense. Are abbreviations clear?
Get organised. File notes and back up computer files.
Always look, listen and learn. Watch out for relevant TC, radio programmes and websites. They can bring topics alive and help you understand.
Catch up now on any work you've missed.

Coping with Pressures?

Start early enough to spread the load

Concentrate on the positives
Congratulate yourself (and tell your family) when you have
- ✓ Tackled a difficult topic
- ✓ Asked for help from your teachers
- ✓ Understood a topic

Get physical! Exercise will take you mind off your work, walk the dog, fresh air is great, it clears your mind and can help lift your mood.

Relax – listen to music, stroke a pet or read a good book, give yourself a well-earned break.

Remember you are not alone! Discuss problems with teachers, friends or relatives.

Think about why you want to do well.

Get into a Routine – You will sleep better if you don't work late. Revising after 10pm is not effective. Get up at your normal time and stick to your routine.

Manage your Time – make a list of things that need to be done and list them in order of priority.

Don't PANIC! Keep revision and exams in proportion – there are other things in life too.

Advice from Students

'Planning a revision programme made me feel less nervous and kept me organised'

'Revise more on your weaker subjects – it pays off'

'Don't listen to friends saying how much they have or haven't revised'

'You can't revise what you don't understand – seek help from your teachers'

'A file full of notes is daunting so make it into key points and headings'

'Let your brain take the strain – coming back to difficult topics often helps'

Coursework

Do it when it is set and take pride in what you hand in.

Don't copy from the internet – it is easy to spot and you will be disqualified if found. Coursework must be your own work in your own words.

Double check it before handing in. Set a time to come fresh to it, read it carefully.

Good presentation makes the right impression.

Keep a copy - just in case

1 MONTH BEFORE

Check dates, places and times of exams
Make a revision pyramid for each subject.
- TOP - Absolutely must cover
- MIDDLE - Second priorities
- BOTTOM -Cover after essentials

Sleep & rest are import now. Late hours and coffee won't help. You can't revise when tired!

Equipment – GET IT READY!

- ☐ Black Pens
- ☐ Rubber
- ☐ Calculator
- ☐ Pencils
- ☐ Rulers
- ☐ Sharpener
- ☐ Protractor
- ☐ Compass
- ☐ Coloured Pencils

EXAM TIMETABLE

Exam	Date	Time	Room

COUNTDOWN

FINAL WEEK	2 WEEKS BEFORE	3 WEEKS BEFORE	4 WEEKS BEFORE