

# Welcome to Carmel College



**"Where Students leave with more than just outstanding exam results"**

# Revision

Definition: studying something you have studied before.

Another way to think about it could be:

R- read (your notes)

E- explain (topics /themes)

V- visualise (being successful!)

I- identify (difficult areas)

S- simplify (all tasks)

I- investigate (things you don't understand)

O- organise (your time)

N- never give up!



# Effective use of time

- 30-45 minute sessions
- short 5-10 minute break between sessions
- use a revision calendar to ensure you cover all of your subjects in time for the exams
- organise revision time with parents and carers so that you have their support and you have a structure to work with



## Location

- a quiet place, away from distractions
- comfortable chair
- good light
- access to notes, pens, text books etc
- plenty of paper/ revision cards
- avoid clutter in work area



## Tackling the hard stuff

- don't avoid the hardest subjects
- break subjects down into topics/themes
- ask teachers to go over difficult areas
- use revision guides to focus on specifics
- create a mind map or a spider diagram
- use colour/ post-it notes

.....the smaller each topic is made, the easier it will be to learn and remember



# Celebrate your individuality



We are all different so why should we all revise in the same way?

Here are some alternatives:

- creating own notes helps you to remember more effectively
- putting reminders around the house of equations, key words etc.
- creating posters
- making revision cards
- drawing pictures/diagrams/ colour coding work/using symbols
- practice learning revision aloud/ record notes on to an iPhone/ make up a rap or a song
- presenting information aloud to someone else and asking them to test you
- act things out/ learn on the move



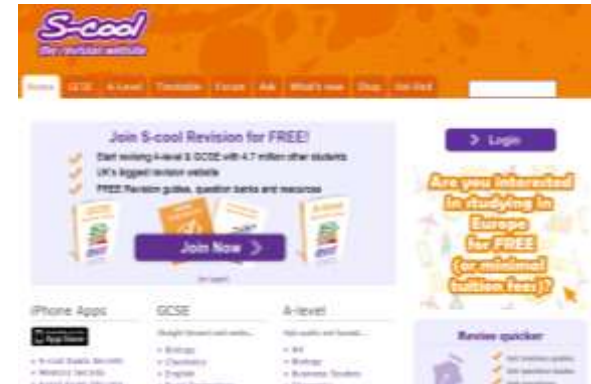
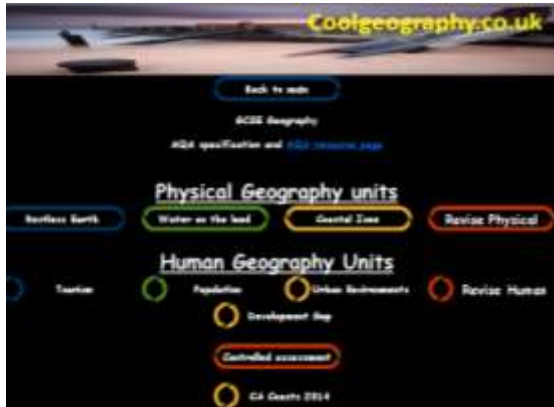
# Past papers

They help with:

- ways to practice answering questions
- getting used to how the questions are asked or are laid out on the page
- working within the time limit for each paper
- identifying areas of difficulty in time to ask for specific help



# Useful websites





## Health in mind and body

The human body needs fuel and rest to work well; it is recommended that students aim to:

- have a healthy, balanced diet
- avoid staying up too late
- exercise, even if it's just a walk instead of getting the bus
- take time to chill out; spend time with family and friends doing something that they enjoy
- ask for help and support- everyone understands this is an important time



# Preparing for the big day

Encourage them to:

- check personal exam timetable for dates and times of exams
- avoid staying up late trying to do last minute revision – it is more important to be fresh and able to concentrate during the exams
- be positive: visualise the exams going well so that they feel confident and relaxed during the exam
- eat something for breakfast- the brain needs energy to work too
- arrive in plenty of time to avoid feel rushed- morning exams start promptly at 9am and afternoon exams at 1pm



## What they need to bring to college for exams....

- equipment- supply of black biros, pencils, rubber, pencil sharpener, ruler, protractor, compass, scientific calculator, coloured pencils
- a clear pencil case/clear wallet/plastic bag to keep it all in
- a bottle of still water is allowed, as long as it has had the label removed



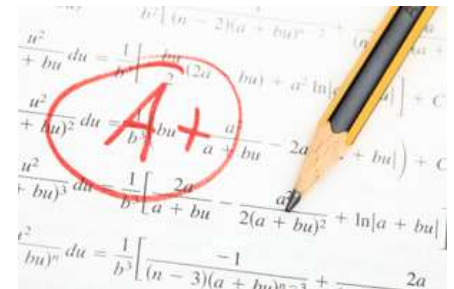
## In the exam room, students must:

- be silent and not talk to or attempt to communicate with/ disturb other candidates once they have entered the exam hall
- follow the instructions of the invigilator and if they have any questions to raise their hand
- not become involved in any unfair or dishonest practices in any part of the examination



# The exam paper

- Students are encouraged to:
- read the paper carefully to make sure that they know what is required in their answers
- take notice of the marks available and answer in an appropriate amount of detail
- if the question are in sections, make sure that they answer all parts and avoid leaving any gaps
- make sure to include all of their working out in maths and science exams
- take note of how long the exam is, work out how long to spend on each section and make sure they finish the paper!



# Essential information

- individual timetable
- no study leave
- exam clashes
- Illness
- missing exams without medical
- electronic storage devices
- hoodies
- full uniform
- leaving the exam room
- difficulties during the exam
  
- Results day: Thursday 25<sup>th</sup> August
- Staff here for advice and guidance
  
- Presentation of Certificates

Code	Subject	Start Period	End	Room	Examination Title	Duration
194	EN	10:00-10:30	10:30-11:00	1011	English - Speaking & Listening	30
194	EN	11:00-11:30	11:30-12:00	1011	Phonetics	30
194	EN	12:00-12:30	12:30-13:00	1011	APC Translation	30
194	EN	13:00-13:30	13:30-14:00	1011	APC Translation	30
194	EN	14:00-14:30	14:30-15:00	1011	APC Translation	30
194	EN	15:00-15:30	15:30-16:00	1011	APC Translation	30
194	EN	16:00-16:30	16:30-17:00	1011	APC Translation	30
194	EN	17:00-17:30	17:30-18:00	1011	APC Translation	30
194	EN	18:00-18:30	18:30-19:00	1011	APC Translation	30
194	EN	19:00-19:30	19:30-20:00	1011	APC Translation	30
194	EN	20:00-20:30	20:30-21:00	1011	APC Translation	30
194	EN	21:00-21:30	21:30-22:00	1011	APC Translation	30
194	EN	22:00-22:30	22:30-23:00	1011	APC Translation	30
194	EN	23:00-23:30	23:30-24:00	1011	APC Translation	30
194	EN	24:00-24:30	24:30-25:00	1011	APC Translation	30
194	EN	25:00-25:30	25:30-26:00	1011	APC Translation	30
194	EN	26:00-26:30	26:30-27:00	1011	APC Translation	30
194	EN	27:00-27:30	27:30-28:00	1011	APC Translation	30
194	EN	28:00-28:30	28:30-29:00	1011	APC Translation	30
194	EN	29:00-29:30	29:30-30:00	1011	APC Translation	30
194	EN	30:00-30:30	30:30-31:00	1011	APC Translation	30
194	EN	31:00-31:30	31:30-32:00	1011	APC Translation	30
194	EN	32:00-32:30	32:30-33:00	1011	APC Translation	30
194	EN	33:00-33:30	33:30-34:00	1011	APC Translation	30
194	EN	34:00-34:30	34:30-35:00	1011	APC Translation	30
194	EN	35:00-35:30	35:30-36:00	1011	APC Translation	30
194	EN	36:00-36:30	36:30-37:00	1011	APC Translation	30
194	EN	37:00-37:30	37:30-38:00	1011	APC Translation	30
194	EN	38:00-38:30	38:30-39:00	1011	APC Translation	30
194	EN	39:00-39:30	39:30-40:00	1011	APC Translation	30
194	EN	40:00-40:30	40:30-41:00	1011	APC Translation	30
194	EN	41:00-41:30	41:30-42:00	1011	APC Translation	30
194	EN	42:00-42:30	42:30-43:00	1011	APC Translation	30
194	EN	43:00-43:30	43:30-44:00	1011	APC Translation	30
194	EN	44:00-44:30	44:30-45:00	1011	APC Translation	30
194	EN	45:00-45:30	45:30-46:00	1011	APC Translation	30
194	EN	46:00-46:30	46:30-47:00	1011	APC Translation	30
194	EN	47:00-47:30	47:30-48:00	1011	APC Translation	30
194	EN	48:00-48:30	48:30-49:00	1011	APC Translation	30
194	EN	49:00-49:30	49:30-50:00	1011	APC Translation	30
194	EN	50:00-50:30	50:30-51:00	1011	APC Translation	30
194	EN	51:00-51:30	51:30-52:00	1011	APC Translation	30
194	EN	52:00-52:30	52:30-53:00	1011	APC Translation	30
194	EN	53:00-53:30	53:30-54:00	1011	APC Translation	30
194	EN	54:00-54:30	54:30-55:00	1011	APC Translation	30
194	EN	55:00-55:30	55:30-56:00	1011	APC Translation	30
194	EN	56:00-56:30	56:30-57:00	1011	APC Translation	30
194	EN	57:00-57:30	57:30-58:00	1011	APC Translation	30
194	EN	58:00-58:30	58:30-59:00	1011	APC Translation	30
194	EN	59:00-59:30	59:30-60:00	1011	APC Translation	30
194	EN	60:00-60:30	60:30-61:00	1011	APC Translation	30
194	EN	61:00-61:30	61:30-62:00	1011	APC Translation	30
194	EN	62:00-62:30	62:30-63:00	1011	APC Translation	30
194	EN	63:00-63:30	63:30-64:00	1011	APC Translation	30
194	EN	64:00-64:30	64:30-65:00	1011	APC Translation	30
194	EN	65:00-65:30	65:30-66:00	1011	APC Translation	30
194	EN	66:00-66:30	66:30-67:00	1011	APC Translation	30
194	EN	67:00-67:30	67:30-68:00	1011	APC Translation	30
194	EN	68:00-68:30	68:30-69:00	1011	APC Translation	30
194	EN	69:00-69:30	69:30-70:00	1011	APC Translation	30
194	EN	70:00-70:30	70:30-71:00	1011	APC Translation	30
194	EN	71:00-71:30	71:30-72:00	1011	APC Translation	30
194	EN	72:00-72:30	72:30-73:00	1011	APC Translation	30
194	EN	73:00-73:30	73:30-74:00	1011	APC Translation	30
194	EN	74:00-74:30	74:30-75:00	1011	APC Translation	30
194	EN	75:00-75:30	75:30-76:00	1011	APC Translation	30
194	EN	76:00-76:30	76:30-77:00	1011	APC Translation	30
194	EN	77:00-77:30	77:30-78:00	1011	APC Translation	30
194	EN	78:00-78:30	78:30-79:00	1011	APC Translation	30
194	EN	79:00-79:30	79:30-80:00	1011	APC Translation	30
194	EN	80:00-80:30	80:30-81:00	1011	APC Translation	30
194	EN	81:00-81:30	81:30-82:00	1011	APC Translation	30
194	EN	82:00-82:30	82:30-83:00	1011	APC Translation	30
194	EN	83:00-83:30	83:30-84:00	1011	APC Translation	30
194	EN	84:00-84:30	84:30-85:00	1011	APC Translation	30
194	EN	85:00-85:30	85:30-86:00	1011	APC Translation	30
194	EN	86:00-86:30	86:30-87:00	1011	APC Translation	30
194	EN	87:00-87:30	87:30-88:00	1011	APC Translation	30
194	EN	88:00-88:30	88:30-89:00	1011	APC Translation	30
194	EN	89:00-89:30	89:30-90:00	1011	APC Translation	30
194	EN	90:00-90:30	90:30-91:00	1011	APC Translation	30
194	EN	91:00-91:30	91:30-92:00	1011	APC Translation	30
194	EN	92:00-92:30	92:30-93:00	1011	APC Translation	30
194	EN	93:00-93:30	93:30-94:00	1011	APC Translation	30
194	EN	94:00-94:30	94:30-95:00	1011	APC Translation	30
194	EN	95:00-95:30	95:30-96:00	1011	APC Translation	30
194	EN	96:00-96:30	96:30-97:00	1011	APC Translation	30
194	EN	97:00-97:30	97:30-98:00	1011	APC Translation	30
194	EN	98:00-98:30	98:30-99:00	1011	APC Translation	30
194	EN	99:00-99:30	99:30-100:00	1011	APC Translation	30
194	EN	100:00-100:30	100:30-101:00	1011	APC Translation	30



# Look forward not backwards....

It is easy to fall in to the trap of wondering how well they performed and to discuss this with their fellow students.

Their time would however, be better spent looking ahead to their next examination: what's done is done!

Remember:

- they won't be the only student who is anxious about their answers
- comparing their answers with those of other students can create negative feelings
- not to rush to their textbooks to check answers – there is no point at this stage
- focus on the next exam and how they might improve their exam technique
- have some fresh air and food and take time to relax before they start revising again
- have a quick look at their revision plan- do they need to adjust it?

Think positive!



# Here for you!

## In College

- Form tutors
- Subject teachers
- Learning Mentors- Miss Duggan and Mrs Irons
- Pastoral Learning Manager- Mrs Frank

## Out of College

- Parents, carers, family and friends





