

**DARLINGTON SECONDARY SCHOOLS'
SPORTS ASSOCIATION**

TRACK AND FIELD CHAMPIONSHIPS

THURSDAY 18 JUNE 2015

**EASTBOURNE SPORTS COMPLEX
DARLINGTON**

Hurdles (9.30am)

Morning (10am) Girls Track / Boys Field

Afternoon (12 noon) Boys Track / Girls Field

Relays (2pm)

Presentation (2.45pm)



PLEASE RESPECT THE STADIUM AND THE STADIUM STAFF BY
PUTTING ALL YOUR LITTER ***IN THE BINS*** PROVIDED!

OFFICIALS

STARTER:	Mr Phillips (Carmel)		
MARKSMAN:	Mr Gandy (Carmel)		
REFEREE:	Mr Hannaford (Carmel)		
TIMEKEEPERS:	Darlington Sports Development /Carmel Sports Leaders		
ANNOUNCER:	Darlington Sports Development		
RECORDER:	Mrs J Jasper (Carmel)		
FIRST AID:	Responsibility of individual Schools		
RECORDERS:	Miss Hodgson (Carmel)	Miss Anderson (Carmel)	
TRACK JUDGES:	Mr Hannaford (Carmel)	Education Village	
SHOT:	Polam		
DISCUS:	Hummersknott		
JAVELIN:	Longfield		
HIGH JUMP:	Darlington SMS		
LONG JUMP:	Hurworth		
TRIPLE JUMP:	St Aidan's		
RELAY CHANGEOVERS:	Longfield	Hummersknott	Darlington SMS

COMPETING SCHOOLS

Number	School Name	Y7	Y7	Y8	Y8	Y9	Y9	Y10	Y10
		G	B	G	B	G	B	G	B
1	Darlington SMS	/	/	/	/	/	/	/	/
2	Carmel	/	/	/	/	/	/	/	/
3	St Aidan's	/	/	/	/	/	/	/	/
4	EV - Haughton	/	/	/	/	/	/	/	/
5	Hummersknott	/	/	/	/	/	/	/	/
6	Hurworth	/	/	/	/	/	/	/	/
7	Longfield	/	/	/	/	/	/	/	/
8	Polam	/	/	/	/	/	/	/	/

PLEASE NOTE - Numbers must be worn front and back for track events and on the front for field events. They must be secured with four safety pins one in each corner to help with judging.

EVENT RULES

1. Each school will have ONE representative in each event ONLY. (Apart from Year 9 Boys Mile Team race where there will be four representatives with three to count).
2. Any athlete may compete in a maximum of 1 track event, 1 field event and a relay.
3. Numbers must be worn front and back for track events and on the front for field events. They must be secured with four safety pins one in each corner to help with judging.
4. Only athletes who are competing allowed inside the track.
5. In LJ, TJ, Shot, Discus and Javelin each competitor shall be allowed three attempts.

*New Weight

WEIGHTS	YEAR 7 BOYS	YEAR 8	YEAR 9	YEAR 10	YEAR 7 GIRLS	YEAR 8 GIRLS	YEAR 9 GIRLS	YEAR 10
SHOT	3 kg*	3 kg*	4.00kg	5.00kg	3 kg*	3 kg*	3 kg*	3 kg*
JAVELIN	600g	600g	600g	700g	500g*	500g*	500g*	500g*
DISCUS	1.00kg	1.00kg	1.25kg	1.50kg	1.00kg	1.00kg	1.00kg	1.00kg

HURDLES	DISTANCE	HEIGHT	NUMBER	APPROACH	INTERVAL	FINISH
Y7 BOYS	75m	76.0cm	8	11.50m	7.50m	11.00m
YEAR 7 GIRLS						
YEAR 8 GIRLS						
Y8 BOYS						
Y9 GIRLS						
Y9 BOYS	80m	84.0cm	8	12.00m	8m	12.00m
Y10 Boys	100m	91.4	10	13.00m	8.50m	10.50m

POINTS	In all events (except the relays) points will be awarded as follows.						
1 st	2nd	3rd	4th	5th	6th	7th	8th
8	7	6	5	4	3	2	1

RELAY POINTS							
1 st	2nd	3rd	4th	5th	6th	7th	8th
16	14	12	10	8	6	4	2

BOYS FIELD EVENTS

9.30 am	10.00 am	10.30 am	11.00 am
Y7 LONG JUMP	Y8 LONG JUMP	Y9 LONG JUMP	Y10 LONG JUMP
Y8 HIGH JUMP	Y9 HIGH JUMP	Y10 HIGH JUMP	Y7 HIGH JUMP
Y9 TRIPLE JUMP	Y10 TRIPLE JUMP	Y7 STANDING TRIPLE JUMP	Y8 TRIPLE JUMP
Y10 SHOT	Y7 SHOT	Y8 SHOT	Y9 SHOT
Y7 DISCUS	Y8 DISCUS	Y9 DISCUS	Y10 DISCUS
Y8 JAVELIN	Y9 JAVELIN	Y10 JAVELIN	Y7 JAVELIN

11.30 – 12.00PM

BREAK

GIRLS FIELD EVENTS

12 noon	12.30 pm	1 pm	1.30pm
Y7 LONG JUMP	Y8 LONG JUMP	Y9 LONG JUMP	Y10 LONG JUMP
Y8 HIGH JUMP	Y9 HIGH JUMP	Y10 HIGH JUMP	Y7 HIGH JUMP
Y9 TRIPLE JUMP	Y10 TRIPLE JUMP	Y7 STANDING TRIPLE JUMP	Y8 STANDING TRIPLE JUMP
Y10 SHOT	Y7 SHOT	Y8 SHOT	Y9 SHOT
Y7 DISCUS	Y8 DISCUS	Y9 DISCUS	Y10 DISCUS
Y8 JAVELIN	Y9 JAVELIN	Y10 JAVELIN	Y7 JAVELIN

ALL HURDLES (MORNING)

9.30am	NO	Track Event	L1	L2	L3	L4	L5	L6	L7	L8
HURDLES	1.	Year 7 Girls 75m hurdles	1	2	3	4	5	6	7	8
	2.	Year 7 Boys 75m hurdles	2	3	4	5	6	7	8	1
	3.	Year 8 Girls 75m hurdles	3	4	5	6	7	8	1	2
	4.	Year 8 Boys 75m hurdles	4	5	6	7	8	1	2	3
	5.	Year 9 Girls 75m hurdles	5	6	7	8	1	2	3	4
	6.	Year 10 Girls 80m hurdles	6	7	8	1	2	3	4	5
	7.	Year 9 Boys 80m hurdles	7	8	1	2	3	4	5	6
	8.	Year 10 Boys 100m hurdles	8	1	2	3	4	5	6	7

GIRLS TRACK (MORNING)

10am	Event	Track Event	L1	L2	L3	L4	L5	L6	L7	L8
100	9.	Year 7 Girls 100m	1	2	3	4	5	6	7	8
	10.	Year 8 Girls 100m	2	3	4	5	6	7	8	1
	11.	Year 9 Girls 100m	3	4	5	6	7	8	1	2
	12.	Year 10 Girls 100m	4	5	6	7	8	1	2	3
200	13.	Year 7 Girls 200m	5	6	7	8	1	2	3	4
	14.	Year 8 Girls 200m	6	7	8	1	2	3	4	5
	15.	Year 9 Girls 200m	7	8	1	2	3	4	5	6
	16.	Year 10 Girls 200m	8	1	2	3	4	5	6	7
300	17..	Year 7 Girls 300m	1	2	3	4	5	6	7	8
	18.	Year 8 Girls 300m	2	3	4	5	6	7	8	1
	19.	Year 9 Girls 300m	3	4	5	6	7	8	1	2
	20.	Year 10 Girls 300m	4	5	6	7	8	1	2	3
1500	21.	Year 7 Girls 1500m	5	6	7	8	1	2	3	4
	22.	Year 8 Girls 1500m	6	7	8	1	2	3	4	5
	23.	Year 9 Girls 1500m	7	8	1	2	3	4	5	6
	24.	Year 10 Girls 1500m	8	1	2	3	4	5	6	7
800	25.	Year 7 Girls 800m	1	2	3	4	5	6	7	8
	26.	Year 8 Girls 800m	2	3	4	5	6	7	8	1
	27.	Year 9 Girls 800m	3	4	5	6	7	8	1	2
	28.	Year 10 Girls 800m	4	5	6	7	8	1	2	3

11.30 – 12.00PM**BREAK****BOYS TRACK (AFTERNOON)**

12 pm	Event	Track Event	L1	L2	L3	L4	L5	L6	L7	L8
100	29.	Year 7 Boys 100m	1	2	3	4	5	6	7	8
	30.	Year 8 Boys 100m	2	3	4	5	6	7	8	1
	31.	Year 9 Boys 100m	3	4	5	6	7	8	1	2
	32.	Year 10 Boys 100m	4	5	6	7	8	1	2	3
200	33.	Year 7 Boys 200m	5	6	7	8	1	2	3	4
	34.	Year 8 Boys 200m	6	7	8	1	2	3	4	5
	35.	Year 9 Boys 200m	7	8	1	2	3	4	5	6
	36.	Year 10 Boys 200m	8	1	2	3	4	5	6	7
300	37..	Year 7 Boys 300m	1	2	3	4	5	6	7	8
	38.	Year 8 Boys 300m	2	3	4	5	6	7	8	1
	39.	Year 9 Boys 300m	3	4	5	6	7	8	1	2
400	40.	Year 10 Boys 300m	4	5	6	7	8	1	2	3
1500	41.	Year 7 Boys 1500m	5	6	7	8	1	2	3	4
	42.	Year 8 Boys 1500m	6	7	8	1	2	3	4	5
	43.	Year 10 Boys 1500m	7	8	1	2	3	4	5	6
800	44.	Year 7 Boys 800m	8	1	2	3	4	5	6	7
	45.	Year 8 Boys 800m	1	2	3	4	5	6	7	8
	46.	Year 9 Boys 800m	2	3	4	5	6	7	8	1
	47.	Year 10 Boys 800m	3	4	5	6	7	8	1	2
MILE TEAM	48.	Year 9 Boys Mile Team Race	4	5	6	7	8	1	2	3

RELAYS (2 pm)

RELAYS	49.	Year 7 Boys 4 x 400m Relay	4	5	6	7	8	1	2	3
	50.	Year 7 Girls 4 x 200m Relay	5	6	7	8	1	2	3	4
	51.	Year 7 Girls 4 x 100m	6	7	8	1	2	3	4	5
	52.	Year 7 Boys 4 x 100m	7	8	1	2	3	4	5	6
	53.	Year 8 Girls 4 x 100m	8	1	2	3	4	5	6	7
	54.	Year 8 Boys 4 x 100m	1	2	3	4	5	6	7	8
	55.	Year 9 Girls 4 x 100m	2	3	4	5	6	7	8	1
	56.	Year 9 Boys 4 x 100m	3	4	5	6	7	8	1	2
	57.	Year 10 Girls 4 x 100m	4	5	6	7	8	1	2	3
	58.	Year 10 Boys 4 x 100m	5	6	7	8	1	2	3	4

YEAR 7 GIRLS RECORDS

Event	Record	Name	Year	School	Venue
100m	13.2	C.Mooney	2001	Eastbourne	Eastbourne
200m	27.5	Emma Whitfield	2000	Carmel	Claireville
300m	48.0	Solape Betiku	2011	Carmel	Claireville
800m	2.26.0	Michelle Cox	1989	Haughton	Longfield
1500m	5.15.9	Lucy Hunter	2012	Hummersknott	Claireville
70m Hurdles	12.9	Erin Richings	2009	Carmel	Claireville
75m Hurdles	14.4	L.Chaible	2013	Polam	Claireville
Shot	8.61	A.Peacock	1982	Haughton	Longfield
Discus	19.16	Katie Duncan	2009	Educational Village	Claireville
Javelin	17.72	Lucy Charlton	2008	Hurworth	Jarrow
Long Jump	4.27	L.Marsh	2009	Educational Village	Claireville
Triple Jump	8.94	Lucy Phillips	2009	Carmel	Claireville
Stand Triple Jump	6.45	Chloe Ryan	2014	Hummersknott	Eastbourne
High Jump	1.38	C.Mooney	2001	Eastbourne	Eastbourne
	1.38	Olivia Austin	2014	Carmel	Eastbourne
4 x 100m Relay	57.0	Joanne Whitfield/Sarah Thompson Anne Marie Shaw/Ruth Grainger	1993	Carmel	Longfield
4 x 200m Relay	2.05.1	Lucy Raine / Katie Noble Hannah Phillips / Alana Prior	2012	Carmel	Claireville

YEAR 8 GIRLS RECORDS

Event	Record	Name	Year	School	Venue
100m	12.9	C.Shields	1990	Longfield	Longfield
200m	27.4	Layla Bell	2013	Carmel	Claireville
300m	45.8	Stephanie Weddell	2002	Carmel	Eastbourne
400m	67.7	V.Moorland	1982	Polam	Longfield
800m	2.25.2	Nicola McFarlane	1987	Hurworth	Longfield
1500m	5.01.4	Tracey Millar	1988	Longfield	Longfield
Shot	9.01	Wendy Hartley	1986	Carmel	Longfield
Discus	26.25	Lyndsey Wilson	1992	Hummersknott	Longfield
Javelin	24.40	C.Hindmoor	2007	Polam	Claireville
Long Jump	4.64	Nicole Burlinson	2007	Carmel	Claireville
Triple Jump	9.23	Gabrielle McKenna	2005	Carmel	Jarrow
High Jump	1.54	Leah Kennedy	2006	Carmel	Jarrow
70m Hurdles	12.2	K.Rutherford	2007	Hurworth	Claireville
4 x 100m Relay	55.0	Becky Irving / Layla Bell Libby Dunne / Hannah Whiting	2013	Carmel	Claireville

YEAR 9 GIRLS RECORDS

Event	Record	Name	Year	School	Venue
100m	11.9	Lorna Goldsmith	2006	Carmel	Jarrow
200m	26.7	Layla Bell	2014	Carmel	Eastbourne
300m	46.4	L.Bennet	2001	Longfield	Eastbourne
300m	46.4	L.Hall	2001	Longfield	Eastbourne
400m	60.1	Elizabeth Millar	1993	Longfield	Longfield
800m	2.22.3	Lucy Erin-Hunter	2013	Hummersknott	Claireville
1500m	4.52.0	Tracey Millar	1989	Longfield	Longfield
Shot	9.29	P.Mann	1990	Carmel	Longfield
Discus	26.68	Sarah McDonogh	2006	Carmel	Jarrow
Javelin	26.84	Vicky Green	2003	Eastbourne	Shildon
Long Jump	4.93	W.Hoggart	1987	Haughton	Longfield
Triple Jump	10.34	Kate Blaylock	2006	Carmel	Jarrow
Stand Triple Jump	6.60	Megan Woodward	2013	Hummersknott	Claireville
High Jump	1.50	C.Smith	20.13	Hurworth	Claireville
75m H	12.10	Helen Blanchard	1986	Hummersknott	Longfield
4 x 100m	53.9	Nicola Petri / Jennifer Young	1989	Carmel	Longfield

Relay		Rachel Carroll/ Sarah Lye			
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YEAR 10 GIRLS RECORDS

Event	Record	Name	Year	School	Venue
100m	11.8	Faye Bowles	2007	Longfield	Claireville
200m	26.8	T.Bell	2001	Longfield	Eastbourne
300m	45.0	L.Todd	2001	Longfield	Eastbourne
400m	64.1	Emily Newton	1998	Carmel	Claireville
800m	2.17.2	Rebecca Green	1987	Hummersknott	Longfield
1500m	5.12.3	Zoe Hewitson	2010	Carmel	Claireville
Shot	10.35	Nicola Robson	1992	Hummersknott	Longfield
Discus	28.88	M.Sandy	1992	Carmel	Claireville
Javelin	28.05	R.Harrison	2000	Haughton	Eastbourne
Long Jump	4.89	Lorna Goldsmith	2008	Carmel	Claireville
Triple Jump	10.46	Kate Blaylock	2007	Carmel	Claireville
High Jump	1.63	Chloe Smith	2014	Hurworth	Eastbourne
Hurdles	11.4	Kate Blaylock	2007	Carmel	Claireville
4 x 100m Relay	53.9	Carmel	2009	Carmel	Eastbourne

YEAR 7 BOYS RECORDS

Event	Record	Name	Year	School	Venue
100m	12.0	R.Harrison	1990	Carmel	Longfield
200m	27.0	Jonathan Vinton	2001	Carmel	Eastbourne
300m	45.4	H.Bates	2013	Longfield	Claireville
400m	57.9	Tom Ellicker	2008	Longfield	Claireville
800m	2.23.3	Bradley Davies	2012	Carmel	Claireville
1500m	5.02.0	Ross Cowan	2001	Hummersknott	Eastbourne
Shot	13.25	James Fielding	1988	Hummersknott	Longfield
Discus	23.13	Hubert Olbrycht	2013	Carmel	Claireville
Javelin	25.55	Ben Clarke	2012	Hummersknott	Claireville
Long Jump	4.62	Mark Scott	1988	Hurworth	Longfield
Triple Jump	9.19	Aaron Frankland	2009	Longfield	Claireville
High Jump	1.43	D.Hickey	1987	Carmel	Longfield
High Jump	1.43	Lee Borrowdale	2001	Carmel	Eastbourne
70m H	12.8	Daniel Smith	2011	Carmel	Claireville
75m H	143	Keelan Orr	2014	Hummersknott	Eastbourne
4 x 100m	55.3	Longfield	2002	Longfield	Claireville
4 x 400m	4.36.2	Michael Butterfield / Joshua Padgett Tom Bussey / Kyle Davidson	2012	Carmel	Claireville

YEAR 8 BOYS RECORDS

Event	Record	Name	Year	School	Venue
100m	11.7	Julian Collins	1990	Longfield	Longfield
200m	23.7	Ryan Stacey	2013	Carmel	Claireville
300m	42.2	Adam Brown	2014	Carmel	Eastbourne
400m	53.2	Andrew Jones	2007	Carmel	Claireville
800m	2.13.0	Mark Radmore	1989	Longfield	Longfield
1500m	4.35.6	Danny Wilson	1988	Hummersknott	Longfield
Shot	11.60	M.Kymitz	2009	Branksome	Claireville
Discus	30.11	A.Whitehead	1992	Hurworth	Longfield
Javelin	38.36	M.Hodges	2001	Haughton	Eastbourne
Long Jump	5.30	Julian Collins	1990	Longfield	Longfield
Triple Jump	10.63	David Thurlow	1998	Hurworth	Claireville
High Jump	1.68	Phillip Collins	2003	Carmel	Shildon
75m H	12.5	J.Raiseborough	2007	Hummersknott	Claireville
4 x 100m Relay	50.1	Joshua Patchett / Ryan Stacey Tom Bussey / Bradley Davies	2010	Carmel	Claireville

YEAR 9 BOYS RECORDS

Event	Record	Name	Year	School	Venue
100m	11.3	Lee Elliott	1990	Eastbourne	Longfield
200m	24.4	Chris Burnside	2000	Carmel	Eastbourne
300m	39.8	N. Robinson	2013	Hummersknott	Claireville
400m	54.4	Tom Andrews	2009	Longfield	Claireville
800m	2.04.6	Paul Clifford	2007	Carmel	Claireville
1500m	4.40.0	Paul Towers	1991	Eastbourne	Longfield
Mile	4.59.2	Cameron Stainsby	2014	Hummersknott	Eastbourne
Shot	13.15	R.Shepperson	2006	Hummersknott	Jarrow
Discus	34.22	Alan Whitehead	1993	Longfield	Longfield
Javelin	44.26	Jason Whale	1998	Hurworth	Claireville
Long Jump	5.57	Lee Elliott	1990	Eastbourne	Longfield
Triple Jump	11.74	Mark Scott	1990	Hurworth	Longfield
High Jump	1.92	Phillip Collins	2004	Carmel	Jarrow
80mH	12.00	Daniel Ghundoo	2001	Carmel	Eastbourne
4 x 100m Relay	48.0	Costner Brown / Will Johnson / Jake McGee / Jack Allan	2011	Carmel	Claireville

YEAR 10 BOYS RECORDS

Event	Record	Name	Year	School	Venue
100m	11.3	Chris Burnside	2001	Carmel	Eastbourne
		N.Best	2003	Hurworth	Sildon
200m	23.8	Jonathan Brown	1999	Carmel	Claireville
400m	53.2	Andrew Jones	2007	Carmel	Claireville
		Tom Andrews	2010	Longfield	Claireville
800m	2.05.5	Richard Smith	1999	Longfield	Claireville
1500m	4.16.4	Martin Scaife	1987	Haughton	Longfield
Shot	12.83	Adam Barkley	1989	Eastbourne	Longfield
Discus	39.35	Reece Naisbittr	2014	Longfield	Eastbourne
Javelin	40.93	J.Binks	2007	Hurworth	Claireville
Long Jump	5.90	Joshua Hardy	2005	Carmel	Jarrow
Triple Jump	12.73	Mark Scott	1991	Hurworth	Longfield
High Jump	2.00	Phillip Collins	2005	Carmel	Jarrow
100 H	14	Patrick Saunders	2004	Carmel	Jarrow
4 x 100m Relay	46.6	Anthony Chou / Joseph Clamp Jack Ridley / Joshua Hardy	2005	Carmel	Jarrow

Previous Winners

Event	2002	2003	2004	2005	2006	2007	2008
Overall Championship	Carmel	Carmel	Carmel	Carmel	Carmel	Carmel	Carmel
Boys Championship	Carmel	Carmel	Carmel	Carmel	Carmel	Carmel	Longfield
Girls Championship	Carmel	Carmel	Carmel	Carmel	Carmel	Carmel	Carmel

Event	2009	2010	2011	2012	2013	2014
Overall Championship	Carmel	Carmel	Carmel	Carmel	Carmel	Carmel
Boys Championship	Longfield	Carmel	Carmel	Carmel	Hummersknott	Hummersknott
Girls Championship	Carmel	Carmel	Carmel	Carmel	Carmel	Carmel

2014 ROLL OF HONOUR

Overall Championship	The George Clark Cup	Carmel
Boys Championship	Coronation Championship Cup	Hummersknott
Girls Championship	Coronation Championship Cup	Carmel
Year 9 Mile Race	Teachers Shield	Hummersknott
Year 10 Boy's 1500m	T H Parnaby Cup	Hummersknott
Year 10 Boy's 100m	The Hunter Cup	St.Aidan's
Year 10 Boys Relay	DSSA Sen Athletics U16 Relay - Cup	Hummersknott
Year 10 Girls Relay	DSSA Senior Athletics - Cup	Carmel
Year 9 Boys Relay	Victory in Europe	Hummersknott
Year 9 Girls Relay	The Eclipse Cup	Carmel
Year 8 Boys Relay	DSSA Senior Athletics – Shield	Longfield
Year 8 Girls Relay	DSSA Immaculate Conception Shield	Carmel
Year 7 Boys Relay	DSSA 1 st Yr Boys Relay Shield	Hummersknott
Year 7 Girls Relay	DSSA 1 st Yr Girls Relay Shield	Carmel
Year 7 Boys 4x400m	DSSA Senior Athletics Shield	Hummersknott
Year 7 Girls 4x200m	DSSA Senior Athletics Shield	Hummersknott
Year 7 Winners	DSSA Athletics Year 7 Shield	Carmel
Year 8 Winners	DSSA Athletics Year 8 Shield	Hummersknott
Year 9 Winners	DSSA Athletics Year 9 Shield	Hummersknott
Year 10 Winners	DSSA Athletics Year 10 Shield	Carmel
Year 7 Boys Winners		Carmel/Hummersknott
Year 8 Boys Winners		Longfield
Year 9 Boys Winners		Hummersknott
Year 10 Boys Winners		Longfield
Year 7 Girls Winners		Carmel
Year 8 Girls Winners		Hummersknott
Year 9 Girls Winners		Carmel
Year 10 Girls Winners		Carmel

***Please will the schools listed above please return the trophies on the day**